



தமிழ்நாடு ஆசிரியர் கல்வியியல் பல்கலைக்கழகம்

TAMIL NADU TEACHERS EDUCATION UNIVERSITY

(Established under Tamil Nadu Act 33 of 2008)

Gangaiamman Koil Street, Karapakkam, Chennai – 600 097.

Website: www.tnteu.in

No. TNTEU/Affln/Circular/2018/1761

Date: 29.08.2018

Dr.N.Ravindranath Tagore, Ph.D.

REGISTRAR i/c

To

The Principal of all affiliated Colleges of Education,

Sir/Madam,

Sub: UGC – “Banning junk food in University/College campuses” – Reg.

Ref: UGC letter No 14-24/2016 (CPP-II), dated 23.08.2018 received from the Secretary, UGC, New Delhi 110001.

The University Grants Commission, New Delhi in its letter cited has stated that the UGC continuation letter of even no. dated 10th November 2016 regarding banning junk food in University/College campuses. Banning junk food in colleges would set new standards for healthy food and make the students live better and learn better and also reduce the obesity levels in young learners, thus preventing life style diseases which have a direct link with excessive weight.

All the Universities/Colleges are requested to take necessary action on the following points:

1. To implement measures to sensitize the students on ill effects of junk food.
2. Universities can serve as important data sources on student's health. Information on markers like body mass index (BMI)/percentage of body weight/waist hip ratio etc. can help in creating awareness among students towards their health.
3. Orientation programs for faculty and staff be conducted on health issues.
4. Wellness clusters should be created under the Students Welfare Department where counseling should be done regarding proper nutrition, proper exercise and healthy habits. These wellness clusters can also provide psychological support to the students to prevent and reduce the incidence of obesity in young students.

Therefore, UGC requested us to take necessary actions on the above points to be adopting this University and also circulate the above instructions to all the affiliated colleges of Education and send the action taken report to the UGC at the earliest, on University Activity Portal.

Hence, the Managements of all the Affiliated Colleges of Education are requested to circulate the above instructions to the students.

Necessary action report in this regard may be sent to this office without fail. This may be treated as urgent.

Dr. N. Ravindranath Tagore
29/08/18
REGISTRAR i/c